

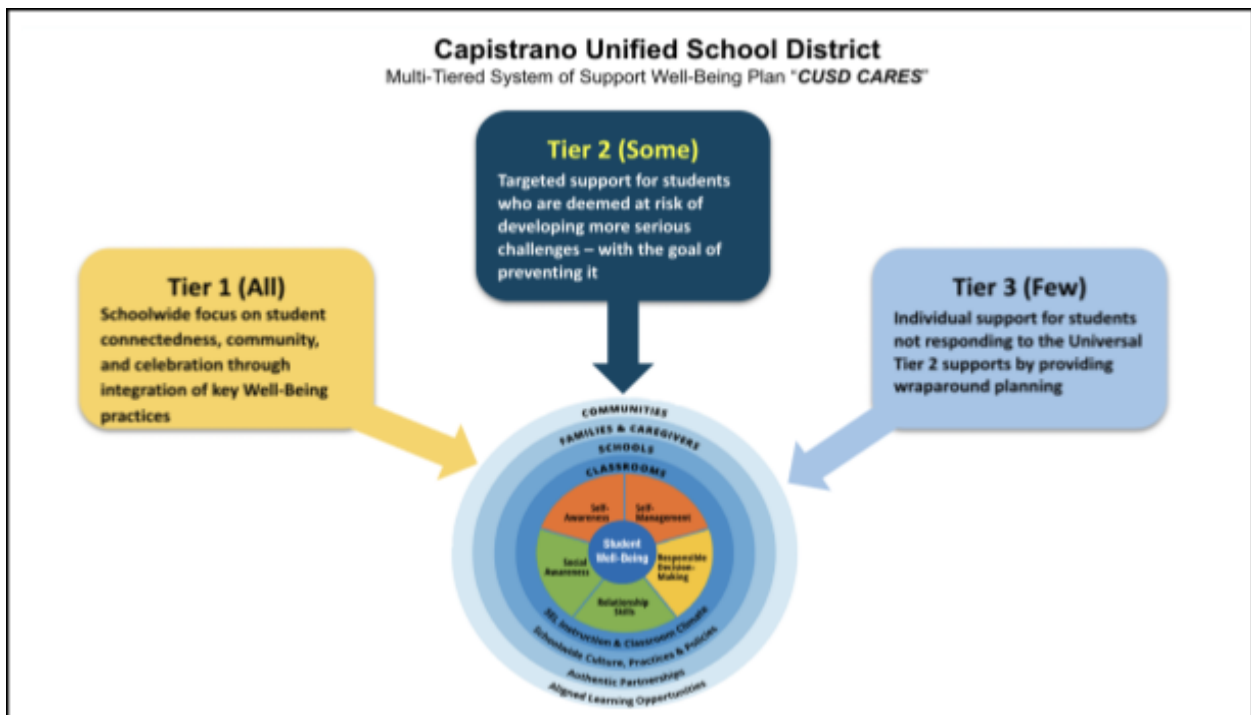
CUSD CARES (Clarence Lobo ES)

Multi-tiered System of Support (MTSS): Well-Being

Purpose

Goal: Effectively support all students' and staff's well-being and have a positive impact on student outcomes by intentionally developing "**connections**, a **sense of community**, and regular opportunities for **celebration**"

- **Connection:** Creating a school environment where students feel connected to their peers and the adults on campus through meaningful, daily interactions
- **Community:** Establishing an inclusive school community by developing a sense of safety and belonging for students, staff, and parents, through events, programs, and organizations
- **Celebration:** Highlighting the uniqueness of students and staff through moments that acknowledge their contributions and achievements



Tier 1 - Universal (All Students): Schoolwide focus on student connectedness, community, and celebration through integration of key "Well-Being" practices:

- Daily classroom mindfulness moments
- "Be a Friend" kindness campaign (elementary schools)
- "You Belong Here" attendance campaign
- Counselor support through Second Step and Cultural Proficiency Lessons
- Positive Behavior Support Tier 1 Strategies and Interventions
- Lobo ES examples:
 - Greeting students as they enter school (Wolf Welcome)
 - Starting every student's day with a "mindfulness moment"
 - Intentional welcome for all new students and staff (counselor check-in with new students)
 - Staff and students participate in spirit activities and other school events

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- *PBIS, academic, and extracurricular student recognitions*
 - *PBIS rotations*
 - *PBIS Howler Tickets*
 - *PBIS Store*
 - *PBIS weekly recognitions*

Tier 2 - Targeted (Some Students): Targeted support for students who are at risk of developing more significant challenges

- **Staff Mentor**
- **Sensory Rooms (elementary schools)**
- Targeted group counseling (Counselors & Intervention Specialists)
- Referral to counselor
- Restorative Practices
- Positive Behavior Support Tier 2 strategies and interventions
- Lobo ES examples:
 - *Daily check-ins with mentor*
 - *Group discussions (Counselor)*
 - *Student-Family-Site collaboration*

Tier 3 - Intensive: Individual and intentional support for students not responding to the Tier 2 supports by providing comprehensive planning and services

- **Individual 1:1 Counseling**
- **District Support Team (counselors, psychologists, High School Family Lead Administrators, and District Staff)**
- County and outside mental health referral (with parent consent)
- Partnership with family, health provider, and school site team
- Lobo ES examples:
 - *Frequent, calendared Individual meetings with mentor, counselor, or administrator*
 - *Home visits*
 - *Individual discussions (Counselor)*
 - *Student-Family-Site-District collaboration*